



Global Health Ministries

Helping the hands that heal

Sharing news with our partners

Vol. 29 No. 3

April-May 2016

The GHM Picture of Partnership

By Rev. Doug Cox, GHM Executive Director

My first year with GHM is more than half over, but I still meet people every day – even those very close to GHM – who don't have a full picture of all that we do. Shipping medical equipment and supplies is a vital piece, but certainly not everything that we do. In this issue of the newsletter I hope you will gain perspective on GHM's activities through a look at our partnership with the Lutheran Health Care system in Cameroon, Africa (OSEELC).



Above: Dr. Nesa Joseph

Below: Medical equipment sent to Cameroon.

Dr. Nesa Joseph, a member of GHM's Board of Directors, shared the following reflections after leading four years of engagement in Cameroon through the consulting arm of GHM, Global Health Administration Partners (GHAP):

During the course of the four years, GHM administrative consultants immersed themselves in this financially troubled organization with cross conflicts between the Church and the Health Systems' administration. In the early days, GHM's consultants focused on building 'trust' and enabled all parties to become instruments of understanding each other and legitimizing 'trust'. Encouraged, GHM consultants facilitated the creation of the new By-laws for OSEELC which led to a partnership-shared governance structure with the local Lutheran Church and other international partners including GHM. Subsequently, through the invaluable expertise of several GHM consultants, we provided governance education, helped establish hospital policies and procedures, provided executive coaching to the CEO and his team, re-

organized the materials management function at the main storage facilities and the pharmacy, established routine department heads communication meetings, and focused on human resources and financial management techniques, cash flow monitoring and budget preparation exercises. The overarching OSEELC mission was and continues to be a vibrant healing ministry of the Lutheran Church of Cameroon.

A 2-3 week trip each year ended with every member of GHM's Consulting Team enriched by the true partnership with a sense of 'mission having come alive'. During our last trip in September 2012, my dear consultant colleague David Page commented, 'God has a plan for OSEELC and we have been called to be servant leaders'. That truly sums up the rich blessings that both OSEELC and GHM have experienced through this global partnership across the ocean in Christ's name.

Later in this newsletter (page 2) our Dir. of Operations describes with joy and passion how Cameroon has consistently received GHM shipments over the years. One of GHM's founding members, Donna Wright, also shares a story (page 2) of how her passion for mission in Cameroon connected at her work in South Dakota. The result was life saving equipment coming to GHM and then being shipped to Cameroon where it is still working and saving lives today.

I hope you enjoy this glimpse at GHM's partnership in Cameroon! Shipping, consulting and capacity building are all parts of the GHM picture of partnership. Thanks to you this ministry is making an impact in the name of Christ every day!



GHM is an independent Lutheran ministry enhancing the health care programs of Lutheran Churches in other countries.

Faithful Shipping to Cameroon



This doctor is carrying a scale shipped by GHM for the rural clinic where he works in Cameroon.

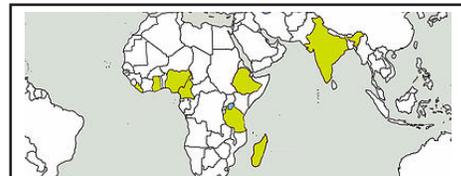
There is much to say about being faithful. In Psalm 117:2, we are reminded of God’s faithful love for us, and that God’s faithfulness lasts forever. We can draw strength from these words each time we read them. Praise God!

In a recent review of GHM’s shipping program, we rediscovered something remarkable. Since GHM’s beginning in 1987, we have faithfully sent each year a shipment to Cameroon in support of the Lutheran Health Care system in Cameroon (OSEELC). Over 47 containers shipped, with two more planned for 2016.

These shipments have included surgical tables and sterilizers, hospital beds, bandages and more! They have made a significant impact on the healing ministry of OSEELC, supporting 3 hospitals, 17 health centers and community-based programs throughout

Cameroon.

Your gifts to GHM’s Shipping Fund help us continue this faithful witness in support of our brothers and sisters in Cameroon!



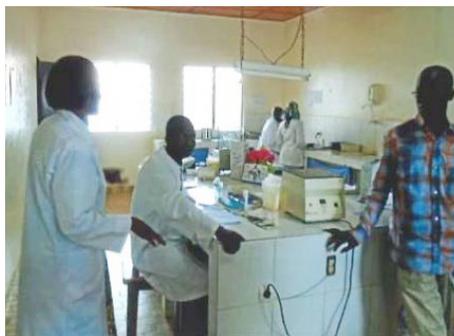
Where in the World is GHAP?

A new consultation is planned in April at Kilimanjaro Christian Medical Centre (KCMC) in conjunction with the Foundation for Cancer Care in Tanzania (FCCT). GHAP Consultant Magdeline Aagard will work with Dr. Mark Jacobson and the KCMC medical leadership team to design a new cancer care program serving northern Tanzania.

Re-Purposed for Mission



Donna with OR sinks shipped by GHM, and the lab where UBS centrifuges are still in use.



Donna Wright, one of GHM’s founding members, is currently a GHM Board member and “Partner Advocate” for Cameroon. She has short-term mission experience as a nurse in Madagascar, and is active in the ELCA’s South Dakota Synod relationship with Cameroon.

She is also friends with Corri Bliese, former Community Center Director of United Blood Services, Rapid City. Between 2010-11, Rapid City spent time overhauling their equipment and facility. Included in the updates was replacing donor beds from the mobile units, and several lab centrifuges. Because of Corri’s friendship with Donna she was very familiar with the mission and work of GHM. Corri realized that the equipment still might serve a purpose and reached out to management for permission to donate to GHM. Shortly after that, the equipment was on its way to Cameroon.

Many years later, the equipment is still in use and continues to save lives every day. “I remember thinking” Corri says, “and I still do, that it’s so neat, these things we no longer wanted and were going to throw away are making a difference in people’s lives half a world away.”

Spring Gala!

GHM is hosting a special evening **Friday, April 22, 2016**, celebrating **Change that Lasts!**

Each year, GHM provides scholarships for nursing students, medical officers and MDs, training for village health workers, and consultations for health administrators around the globe. In 2016, more than \$100,000 will be needed to respond to requests we’ve received from overseas partners. Join us in helping them raise up new leaders! For more information or to reserve your ticket for the Spring Gala, visit www.ghm.org, or call us at 763-586-9590.

Come hear stories of the power of education to empower and inspire, and to change the health of whole communities.

Columbia Manor
3300 Central Ave NE
Minneapolis, MN
5:30 pm - 8:30 pm

If you can’t be with us, your donation will help us meet our goals!

Surgical Gloves Size 7



In this issue we'd like to focus on the Fine Sort Room. It is here that volunteers organize and sort medical supplies at the item level – not just “gloves,” but “surgical gloves size 7.” It is the last step before boxes are readied for shipment.

Miriam, a regular Tuesday volunteer, loves knowing that when she packs a box it is close to going to our partners overseas. Miriam heard about GHM at a women's conference in Duluth. After her husband retired they moved part-time to the Twin Cities, and that's when

she started volunteering. “I wanted to do more than just send a check,” she says.

Volunteers in the Fine Sort room also help with GHM's Suitcase Ministry. Travelers carried 124 extra suitcases overseas to 23 different countries last year! Sutures, syringes, dental instruments, and even portable ultrasounds were packed into suitcases in the Fine Sort Room. You can learn more about GHM's Suitcase Ministry on our website.

Most Tuesdays Teri, Loy, Connie and Marie join Miriam in the Fine Sort room. Teri especially loves to organize and sort suitcases and First Aid Kits. She likes that she can see how her work is benefiting others. Loy, a retired nurse, believes GHM is “one of the better charities to work for.” Marie adds that volunteering brings structure and meaning to life after retirement.

All agree they love the social interactions and camaraderie of volunteering! Want to join these ladies in the Fine Sort room? Come on down during the day Monday – Thursday! Can't make it to our warehouse? You can be a Champion for GHM in your community and organize a service night to sort supplies!

Good News from CAR!



Weighing babies, Emmanuel Health Center

Recent news from Emmanuel Health Center in Central African Republic has been encouraging, and we are happy to share it. New life is returning to Gallo, the area where Emmanuel is located. Thanks to the combined efforts of staff, leaders of the Evangelical Lutheran Church-Central African Republic (ELC-CAR) and US partners, Emmanuel has continued to function despite years of conflict throughout the country. The clinic itself has been attacked twice.

In late 2015 the financial situation was stabilized, electrical and water systems repaired, and the property cleaned up. Since that has happened, Mrs. Catherine, Medical Coordinator for the ELC-

The B-line

by Bea Haagenon

Are you having a mission dinner at your church and looking for something different to serve? Here is a recipe from Cameroon that is sure to please. Former missionary Alice Eastwood contributed this recipe to *Come to the Table*, a wonderful cookbook put together by friends of GHM.

Cameroon Peanut Butter Stew

Serves 6

2 lbs. beef, cubed
 ¼ c. flour
 3 tbsp. oil
 1 c. onion, chopped
 3 c. water
 ¼ tsp. pepper
 ½ c. water for paste
 8 oz. tomato sauce
 ½ c. peanut butter
 ½ tsp. salt

1. Flour meat and brown in oil. Add onions and stir until sautéed.
2. Add water and simmer until meat is tender.
3. Mix ½ c. water, tomato sauce and peanut butter to make a paste. Slowly add paste, salt and pepper, stirring to blend. Heat thoroughly but do not boil. Serve over cooked rice.

CAR medical system, says “the delivery room has been very busy with 9 deliveries last week! One night there were FOUR deliveries, all the same night, all of which kept the night staff very busy!” As conditions have improved, new mothers are more eager to return for follow-up consultations and vaccinations, and staff is seeing less malnutrition.

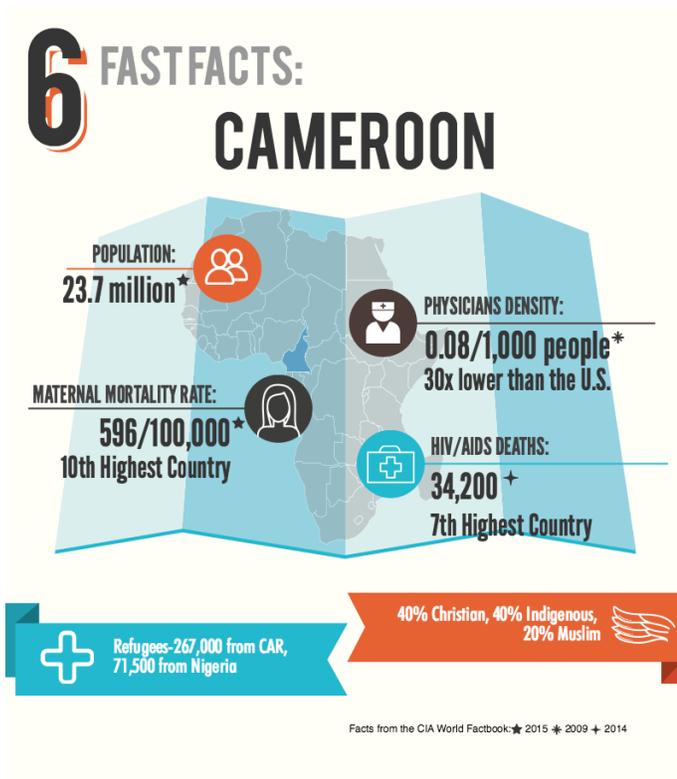
More good news - a new president, Faustin Archange Touadéra, has been elected. He is a member of a Baptist congregation in Bangui. We hope and pray that with new leadership and efforts by so many to make things work, new life in CAR will take root and grow.

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