



Global Health Ministries

Helping the hands that heal

Newborn Kits

Newborn Kits help mothers in developing countries celebrate the birth of their child, and provide needed items to welcome their baby into the world. Healthcare workers who distribute these kits also use them to encourage women to seek prenatal care, offering them as gifts if a mother visits a clinic before delivery, or chooses to deliver her baby at a healthcare facility.

Prenatal visits provide opportunities to monitor the health of the mother and developing child and to share information about nutrition, immunizations, and how to care for a newborn. Healthcare workers also collaborate with traditional village birth attendants, recognizing that many babies in these remote areas will be born at home. Newborn Kits help facilitate these relationships, resulting in better outcomes for both maternal and infant health.

GHM has shipped almost **250,000 Newborn Kits** overseas to partners in Tanzania, Nigeria, Zimbabwe, Liberia and other countries where infant and maternal mortality rates are still very high.



Mother and child, Central African Republic

Suggested donations of \$5 per kit help us administer these programs and send these items to our partners, who urgently need them. It costs approximately \$12,000 to ship a 20' container.



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Newborn Kit Assembly

Please follow these directions carefully

One Newborn Kit contains these new or gently used items:

- 1 regular-size bath towel (not longer than 48")
- 1 washcloth
- 1 36" square muslin or sheeting
Used sheets in good condition can be cut to size, no need to hem
- 1 bath-size bar white Ivory soap
In original packaging
- 1 newborn cotton t-shirt
Size 0-3, or newborn
- 1 newborn stocking hat
Small size, a newborn's head is about 14" circumference
- 1 receiving blanket (approx. 30" x 30")
Cotton, acrylic, or light flannel (not wool)
- 2 cloth diapers
- 2 diaper pins

1. Lay items on the towel and fold towel to enclose everything inside
2. Place the wrapped items in a large (2 gallon or larger) "Ziploc" plastic bag
3. Include note: "Newborn Kit." The note should be visible through the bag. Squeeze the air out of the bag before sealing.

PLEASE MAIL OR DELIVER TO:

GLOBAL HEALTH MINISTRIES
7831 HICKORY STREET NE
MINNEAPOLIS, MN 55432

Phone: (763) 586-9590 • Fax: (763) 586-9591

E-mail: office@ghm.org • Website: www.ghm.org

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